

# VALDESE PARKS & RECREATION DEPARTMENT

## 2022/23 ATHLETIC PROGRAM SCHEDULE

Office - 879-2132, Pool - 874-6737

townofvaldese.com/recreation-1/

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| YOUTH PROGRAMS | AGES | AGE AS OF: | REGISTER | REGISTRATION DEADLINE | PROGRAM SUPERVISOR |
|----------------|------|------------|----------|-----------------------|--------------------|
|----------------|------|------------|----------|-----------------------|--------------------|

### *July 2022*

|                |        |               |         |         |                 |
|----------------|--------|---------------|---------|---------|-----------------|
| Football       | 5 - 13 | Aug. 31, 2022 | July 11 | Aug. 19 | Jonathan Carter |
| Outdoor Soccer | 5 - 13 | Aug. 31, 2022 | July 16 | Sept. 3 | Connor Taylor   |

### *October 2022*

|                  |        |               |        |         |                 |
|------------------|--------|---------------|--------|---------|-----------------|
| Basketball       | 7 - 15 | Aug. 31, 2022 | Oct. 3 | Nov. 11 | Connor Taylor   |
| Micro Basketball | 5 - 6  | Aug. 31, 2022 | Oct. 3 | Nov. 11 | Jonathan Carter |

### *November 2022*

|                |      |               |        |        |  |
|----------------|------|---------------|--------|--------|--|
| Winter Bowling | 5-18 | Jan. 31, 2023 | Nov. 7 | Dec. 9 |  |
|----------------|------|---------------|--------|--------|--|

### *January 2023*

|                        |        |               |        |         |                 |
|------------------------|--------|---------------|--------|---------|-----------------|
| Futsal (Indoor Soccer) | 5 - 13 | Jan. 31, 2023 | Jan. 2 | Feb. 6  | Connor Taylor   |
| Volleyball             | 5 - 13 | Jan. 31, 2023 | Jan. 2 | Jan. 27 | Jonathan Carter |

### *February 2023*

|                      |        |             |        |         |                 |
|----------------------|--------|-------------|--------|---------|-----------------|
| T-Ball               | 5 - 6  | May 1, 2023 | Feb. 6 | Mar. 6  | Connor Taylor   |
| Coach Pitch Baseball | 7 - 8  | May 1, 2023 | Feb. 6 | Mar. 10 | Connor Taylor   |
| Baseball             | 9 - 15 | May 1, 2023 | Feb. 6 | Mar. 10 | Jonathan Carter |
| Softball             | 9 - 15 | May 1, 2023 | Feb. 6 | Mar. 10 | Jonathan Carter |

### *April 2023*

|                         |        |              |        |         |                |
|-------------------------|--------|--------------|--------|---------|----------------|
| Summer Swim Team (VTST) | 6 - 18 | June 1, 2023 | Apr.17 | June 23 | David Andersen |
|-------------------------|--------|--------------|--------|---------|----------------|

### *June 2023*

|              |        |               |        |         |                 |
|--------------|--------|---------------|--------|---------|-----------------|
| Cheerleading | 5 - 12 | Aug. 31, 2023 | Apr. 3 | Aug. 11 | Jonathan Carter |
|--------------|--------|---------------|--------|---------|-----------------|

## ADULT PROGRAMS

|                         |   |
|-------------------------|---|
| Senior Bowling          | Ongoing, Wednesday Mornings at 10am               |
| Valdese Torpedo Masters | Ongoing, Contact David Andersen for more info.    |
| Senior Fitness Classes  | Ongoing, Check Fitness Schedule for Class Details |
| Aquacise                | Ongoing, Check Fitness Schedule for Class Details |

## SPECIAL EVENTS

| SPECIAL EVENTS                         | DATES                                |
|--|--------------------------------------|
| Jr. Lifeguard Training                 | July 2023                            |
| Waldensian Festival Footrace           | August 12, 2023                      |
| Granville Morrow Memorial Fun Fish Day | May 13, 2023; Rain Date May 20, 2023 |