









Class descriptions on back

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Pool hrs: Please check SeasonalCalendar for more details</i></p>	<p><i>Fitness Rm hrs: Mon-Fri 5:30am -8:30pm Sat 7am-6pm Sun CLOSED</i></p>					<p>1 *8:30am Masters Swim</p> 
2	<p>3 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX</p>	<p>4 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:30pm Flow Yoga *6:30 pm 80"s Rewind</p>	<p>5 *7:45am TRX 9am SS Classic 10:15am Beginner Line Dance *5:15pm TRX</p>	<p>6 8:30am Aquacise 9am SS Yoga 5:30pm Power Hour *7pm Masters Swim *6:30 pm 80"s Rewind</p>	<p>7 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing</p> 	<p>8 *8:30am Masters Swim</p>
9	<p>10 *7:45am TRX 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX</p>	<p>11 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:30pm Flow Yoga *6:30 pm 80"s Rewind</p>	<p>12 *7:45am TRX 9am SS Classic 10:15am Beginner Line Dance *5:15pm TRX</p> 	<p>13 8:30am Aquacise 9am SS Yoga 5:30pm Power Hour *7pm Masters Swim *6:30 pm 80"s Rewind</p>	<p>14 *7:45am TRX 9am SS Circuit 10am Line Dancing</p> 	<p>15 *8:30am Masters Swim</p> 
16	<p>17 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX</p>	<p>18 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:30pm Flow Yoga *6:30 pm 80"s Rewind</p>	<p>19 *7:45am TRX 9am SS Classic 10:15am Beginner Line Dance *5:15pm TRX</p> 	<p>20 8:30am Aquacise 9am SS Yoga 5:30pm Power Hour *7pm Masters Swim *6:30 pm 80"s Rewind</p>	<p>21 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing</p> 	<p>22 *8:30am Masters Swim</p>
23	<p>24 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX</p>	<p>25 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:30pm Flow Yoga *6:30 pm 80"s Rewind</p>	<p>26 *7:45am TRX 9am SS Classic 10:15am Beginner Line Dance *5:15pm TRX</p>	<p>27 8:30am Aquacise 9am SS Yoga 5:30pm Power Hour *7pm Masters Swim *6:30 pm 80"s Rewind</p>	<p>28 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing</p>	<p>29 *8:30am Masters Swim</p>
30	<p>31 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX</p>					