






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 *7:45am TRX 9am SS Classic *10am Senior Bowling 10:00am Beginner Line Dance *5:15pm TRX	2 8:30am Aquacise *9am Masters Swim 9am SS Yoga 5:30pm Power Hour *6:45pm 20/20/20 *7pm Masters Swim	3 *7:45am TRX 8:30am Aquacise 9am SS Circuit 	4 *8:30am Masters Swim
5 Pool hrs: Please check SeasonalCalendar for more details	6 * 7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX *7pm Masters Swim	7 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:45pm 20/20/20	8 *7:45am TRX 9am SS Classic *10am Senior Bowling 10:00am Beginner Line Dance *5:15pm TRX 	9 8:30am Aquacise *9am Masters Swim 9am SS Yoga 5:30pm Power Hour *6:45pm 20/20/20 *7pm Masters Swim	10 *7:45am TRX 8:30am Aquacise 9am SS Circuit	11 *8:30am Masters Swim Happy Veterans Day A BIG THANKS to all who served
12 Pool CLOSED on Sundays	13 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX *7pm Masters Swim	14 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:45pm 20/20/20 	15 *7:45am TRX 9am SS Classic *10am Senior Bowling 10:00am Beginner Line Dance *5:15pm TRX	16 8:30am Aquacise *9am Masters Swim 9am SS Yoga 5:30pm Power Hour *6:45pm 20/20/20 *7pm Masters Swim	17 *7:45am TRX 8:30am Aquacise 9am SS Circuit	18 *8:30am Masters Swim
19 Fitness Rm hrs: 5:30am -8:30pm Sat 7am-6pm Sun-CLOSED	20 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX *7pm Masters Swim	21 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:45pm 20/20/20	22 *7:45am TRX 9am SS Classic *10am Senior Bowling 10:00am Beginner Line Dance *5:15pm TRX 	23 CLOSED	24 *7:45am TRX 8:30am Aquacise 9am SS Circuit	25 *8:30am Masters Swim
	26 *7:45am TRX 8:30am Aquacise 9am SS Circuit 10am Line Dancing 5:30pm Power Hour *6:45pm TRX *7pm Masters Swim	27 8:30am Aquacise *9am Masters Swim 9am SS Yoga *6:45pm 20/20/20	28 *7:45am TRX 9am SS Classic *10am Senior Bowling 10:00am Beginner Line Dance *5:15pm TRX	29 8:30am Aquacise *9am Masters Swim 9am SS Yoga 5:30pm Power Hour *6:45pm 20/20/20 *7pm Masters Swim		