

# Parent/ Child Swim Lessons at the Valdese Recreation Department

Help your child gain confidence and  
Enjoy the water together!

Ages 6 –36 months

Tuesday, August 14 –  
Thursday, September 13

Choose a group!

Group 1: Tuesdays, 10-10:45am

Group 2: Thursdays, 10-10:45am



Names:

Child's Name:

Child's Age:

Phone Number:

\_\_\_\_\_ Member    \_\_\_\_\_ Non-Member

\_\_\_\_\_ Member Number

\$10 Member

\$20 Non-Member

Members receive 50% Off!

Group 1: \_\_\_\_\_ Tuesday 10:00-10:45am

Group 2: \_\_\_\_\_ Thursday 10:00-10:45am

For Pool Office

For Participants

- Lessons will be 30-35 minutes of guided instruction, followed by 10 minutes of free play with your child!
- Please come prepared to be in the water with your child, including submerging your head and face.
- Please be on time and come to every class, as repetition is the key to comfort, confidence, and success in the water!
- Please check to be sure you can attend your group's dates before signing up. Refunds will not be granted.

Group 1: \_\_\_\_\_ Tuesday 10:00-10:45am

August 14, 21, 28,  
September 4, 11

Group 2: \_\_\_\_\_ Thursday 10:00-10:45am

August 16, 23, 30,  
September 6, 13

Have questions?

Please call the pool office at 828-879-2144 and we will try to answer them for you!