

AQUA NIGHT

SIGN UP AT FITNESS DESK



NEW! BEGINNING FEB. 4! Mondays @ 5:15-6pm NEW!

Tuesdays & Thursdays @ 7pm-7:45pm

Aquatic Members \$20/month

Non-Members \$33/month

Swimming is not a requirement
(Flotation Belts available)

Instructor: Christie Buckland

Call Valdese Recreation for more info: 828-879-2144